

Longoria gets tied up in silk

pg 14



No stupid questions if you're investing

pg 8



Most want cellphone restrictions: B.C. survey

DRIVING British Columbians are overwhelmingly in support of restricting cellphone use while driving, according to survey results released yesterday.

The B.C. Automobile Association study saw 91 per cent of respondents say there

should be restrictions on talking on phones while driving, and 97 per cent say that texting behind the wheel should be banned.

The response was one of the largest to any BCAA survey, said Trace Acres, director of corporate communications. "Of

the 7,311 who responded, over 4,000 provided comments," Acres said.

When it came to new drivers, 97 per cent of respondents said there should be restrictions on the use of mobile communications devices while they go through the stages of the Graduated Licensing Program.

Acres said the results provide valuable information for the provincial government as it considers the issues of talking and texting behind the wheel. "Where we saw the division was ... when we asked how far should restrictions go? Should it be a complete ban on any use of cellphones, or should it only be on the use of handheld phones and still allow talking using some form of hands-free device?"

According to the survey, 60 per cent of British Columbians said all cellphones should be banned and 40 per cent said hands-free devices should be permitted.

KARL YU/FOR METRO VANCOUVER

Burrard bridge three-way

Drivers, cyclists and pedestrians bypass chaos on first day of bike lane trial

JEFF HODSON
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The gridlock and commuter chaos that many had expected during yesterday's afternoon traffic rush failed — for the most part — to materialize during the first day of a trial that removed one traffic lane from the Burrard Street Bridge.

"Today was a real test," said Mayor Gregor Robertson during a media scrum in the midst of the afternoon rush. "A lot of people were expecting it to be a disaster, and it hasn't been that way at all. In fact, I think it's been the opposite. It's been a smooth day."

The \$1.5-million trial removed one of the three traffic lanes heading to Kitsilano from the Downtown to make the commute safer for cyclists by creating two

On the road Metro Vancouver reporters crossed the bridge by foot, bike and car to experience the effects of the trial bike lane. **For their stories, see pg 3**



Jeff Hodson



Karl Yu



Kristen Thompson

bicycle lanes.

As expected, traffic in the morning seemed unaffected. The real crunch was expected in the afternoon, when tens of thousands of commuters would try to squeeze home across the remaining two south-bound lanes.

From about 4:30 to 6 p.m., traffic appeared to be flowing freely from Burrard Street onto the bridge. The same, however, could not be said for traffic coming out of the West End.

Motorists heading onto the bridge from English Bay were lined up for blocks down Pacific Avenue, waiting to merge and pass through a one-lane bottleneck.

"We'll definitely be looking at it in these initial days to see where the pinch points are and see if we can flow the traffic more smoothly," Robertson said. "Pacific at Thurlow, Pacific at Hornby are the spots where there always have been is-

sues and those continue with the bike lanes."

The Burrard bridge, which opened in 1932, is scheduled to undergo \$30 million in repairs after the 2010 Olympics. At that time, the city is expected to look at various options, including widening the existing sidewalks for an additional \$30 million or building a separate pedestrian/cyclist bridge, which could cost in the order of \$100 million.

Vision Coun. Heather

Deal, who rode across the bridge this morning, said if the trial works, it could represent permanent savings for taxpayers.

"If people can figure this out and make it successful, then we've saved the taxpayers \$30 million," Deal said.

In 1996, a similar six-month lane-reallocation trial on the bridge was scrapped after one week because of public outcry.

About \$250,000 of the \$1.5 million the city spent on the trial is devoted to a communications plan to get commuters to consider the underutilized Granville Street Bridge as an alternative route.

"It's hard to know what have been the ingredients to success," Robertson said. "But definitely, people have chosen not to drive the bridge today, and that has helped make it a success."

Superstars Get game on



Tennis great Venus Williams takes a crack at soccer during a video game preview at the Electronic Arts campus in Burnaby yesterday. Williams competed against three other athletes, including Dwight Howard of the Orlando Magic. **Story, pg 3**

June housing unit sales rise 75.6%

REALTY Despite the recession, the Greater Vancouver housing market saw its second busiest June with 4,259 residential units sold through the Multiple Listing Service.

That number is a 75.6 per cent increase from the same time last year when economic conditions were more favourable.

Brian Yu, an economist with the B.C. Real Estate Association, said that pent-up demand may be a contributing factor. "One of the main reasons (for the June rise) is affordability," Yu said.

KARL YU/FOR METRO VANCOUVER

FocusOn FirstNations

For the next week, Metro Canada will be focusing on First Nation and aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, July 21 through 23, in Calgary.

Today
• Bernd Christmas on land treaties, pg 6

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11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale

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101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

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1517 56th St.

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Willowbrook Shopping Centre
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C104 - 20159 88th Ave.
19971 96th Ave.
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Mission

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Atwood's new book coincides with Word on the Street

Vancouver fans of Margaret Atwood can snag her newest novel at this year's Word On The Street Festival, which takes place in September. Atwood is launching *The Year of the Flood* to coincide with the annual celebration of literature — which is held in cities across Canada. **METRO VANCOUVER**

3

Local



Pirates rally for cruise workers

A group calling themselves the Pirates of Justice is asking Vancouverites to dress as pirates and form a flash mob at Canada Place on Saturday at 1 p.m. The event, which is being promoted on Facebook, is meant to draw attention to what the group says is the "exploitation" of cruise ship employees who allegedly work long hours for wages that can be as low as \$45 a month. **METRO VANCOUVER**

Stars scope EA's latest

Professional athletes get preview of four new sports games

JEFF HODSON
jeff.hodson@metronews.ca

Five-time Wimbledon singles champion Venus Williams is not only one of the world's greatest tennis players — she also plays a mean Bubble Bobble.

"You might not know it," said Williams, at Electronic Arts in Burnaby yesterday, "but I am one of the world Bubble Bobble champs — with my double's partner, Serena Williams, we are very good. We can beat the game."

Williams joined NBA superstar Dwight Howard of the Orlando Magic, Milan Lucic of the Boston Bruins and Sacha Kljestan of the MLS franchise Chivas USA at Burnaby's EA campus yesterday to preview four locally made EA sports games.

The athletes put on demonstrations (Williams gave serving tips, while Lucic gave pointers on dropping the gloves) and then competed in a four-sport King of the Court. Howard won by a single point.

Williams seemed hardly



NBA superstar Dwight Howard of the Orlando Magic tries his hand at soccer goaltending during an event at the Electronic Arts campus in Burnaby yesterday to promote the company's new games.

overwhelmed by her port-glass-sized plastic consolation trophy.

"Yeah, the trophy is going to go with the others," Williams said. "It's actually pretty comical, after a while I was standing there thinking, 'What do I do

with this thing?' I've never held a trophy like this before."

Howard, whose personality is larger than his six-foot, 11-inch frame, said he was happy with the win and also happy that the hockey part of the competi-

tion was a shot on goal (he scored) and not a scrap with the Vancouver-born Lucic.

"I wouldn't fight him," Howard said. "Even though I'm a big strong guy, he's a hockey player. I'm pretty sure he can take a lot of punches to the head."

Crossing the Burrard bridge

Three Metro reporters make the trip — by foot, bike and car

Walking

The good: The walk, both north and southbound, during the morning and afternoon rush, was relaxing and enjoyable. I still edged against the railing heading south into Kitsilano, but didn't look back once when I passed other walkers and wasn't too worried about getting smoked by a bike.

The bad: I don't have much to nitpick. If I had to pick something, I did find that the crosswalk at Corn-



wall and Burrard a tad slow. If I had been jogging, it may have been an issue. But I wasn't, so it wasn't.

The peculiar: I counted two unicycles and one tandem bike (a bicycle built for two) during the afternoon rush.

JEFF HODSON/
METRO VANCOUVER

Biking

The good: Seeing cars whizzing by can be a little disconcerting but once in the bridge's bike lanes, behind the concrete barriers, cyclists can feel safe.

The bad: Bike lanes are a little narrow. Can get a little crowded during rush hour and there is a potential for accidents with the fast-moving bikes attempting to overtake slower ones.



Whoops moment: The north and south lanes are both one-way and someone went against the flow of traffic in the southbound lane in the morning.

KARL YU/
FOR METRO VANCOUVER

Driving

The good: Creating a left-hand turning lane westbound at Pacific and Howe streets kept traffic flowing — despite that road being down to two lanes from three — because bridge-bound drivers weren't stuck behind the typical line of turners.

The bad: Southbound bridge drivers coming from the West End are now down to one-lane access and have to merge with two lanes of left-turning traffic from the other direction. This created congestion along Pacific Street eastbound from Jervis Street and confusion be-



tween drivers turning simultaneously from either direction.

Some congestion: While bridge traffic moved relatively smoothly in either direction during both rush hours, it was the intersections at the mouth of the bridge — particularly at the north end and along connecting arterial roads — that were most congested.

KRISTEN THOMPSON/
METRO VANCOUVER

News in brief

CARJACKING Police are looking for two people who pepper sprayed and car-jacked a man at knife-point outside a McDonald's. The victim was in his car at the Grandview Highway eatery when two men ordered him out. The man suffered minor injuries and the car is still missing. **METRO VANCOUVER**

metronews.ca

WHAT'S ONLINE TODAY

Blogs The It's Called Football show updates TFC's progress on signing Julian De Guzman and speaks to Colin Miller of the Victoria Highlanders on his team's rapid growth.

Your Money Allan Small on how to seize the opportunity from the recent market pullback at metronews.ca/investing



Japanese emperor returns to UBC

ROYAL TRIP Japan's Emperor Akihito returned to the University of B.C. for a short visit yesterday, accompanied by his wife, Empress Michiko.

Akihito had toured the school in 1953 as the crown prince. This second visit is part of the royal couple's 11-day tour marking the 80th anniversary of Japan-Canada diplomatic relations.

The emperor and empress received a welcome address at the Asian Centre before the screening



Emperor Akihito visits the Museum of Anthropology.

of a short film documenting Akihito's 1953 visit.

They then toured UBC's

Nitobe Memorial Garden and met with 20 students.

The Nitobe Garden is recognized as the most authentic traditional Japanese tea garden in North America and among the top five outside Japan.

A visit to the Museum of Anthropology's Great Hall and a viewing of Bill Reid's Raven And The First Men sculpture was followed by a luncheon hosted by UBC president Stephen Toope.

METRO VANCOUVER

Teen threatened at gunpoint, police say

DISPUTE An 18-year-old girl was threatened at gunpoint by a group of men who wanted to locate her boyfriend, police said yesterday.

The girl was approached by the men, some of whom were armed with sticks and

pipes, as she walked to her home in the Queensborough area around 9:30 last Saturday night.

"It was later determined that the female and her boyfriend had been involved in a dispute with this group of males earlier in the

evening," News Westminster police Sgt. Ivan Chu said.

Officers arrested "a number" of people.

Joshua Matthew Tolosa, 20, a New West resident, is facing multiple charges including assault with a weapon. **METRO VANCOUVER**

News in brief

CORRECTION The Burrard Street Bridge reallocation trial will cost the City of Vancouver \$1.5 million. The trial removes one of the city's six traffic lanes to create two bicycle lanes.

ROBBERY A 47-year-old man of no fixed address is facing robbery charges after a home was broken into while its residents were on vacation.

BODY The body of an Ontario man who went missing at a party in Squamish has been found at the base of a steep cliff. Michael Majewski, 28, went missing on Saturday night.

SHOOTING Police are looking for suspects in a drive-by shooting at an Abbotsford home Sunday. No one was injured. **METRO NEWS SERVICES**

As the city enters its fourth week without most municipal service, Toronto Mayor David Miller said yesterday he now feels the union is finally taking negotiations "seriously," CBC News Online reports. **METRO NEWS SERVICES**

Canada



Family remembers missing girl

Instead of celebrating her ninth birthday, Victoria (Tori) Stafford's family will spend a quiet day at home remembering the girl from Woodstock, Ont., who went missing April 8. On May 20, Michael Rafferty, 28, and Terri-Lynne McClintic, 19, were arrested and charged with her abduction and murder. Investigators have yet to find the little girl's body. **TORSTAR NEWS SERVICE**

Chrétien appointed to Order of Merit

AWARD He is no Mother Teresa, but Jean Chrétien now has something in common with the late nun of Calcutta.

Queen Elizabeth II appointed the former prime minister of Canada to the Order of Merit yesterday — a rare distinction that has been conferred upon the likes of Florence Nightingale and T.S. Eliot.

"What can I say?" Chrétien, 75, said yesterday. "I take it as a great compliment and I accept it with some humility. I did my job as best I could and Her Majesty was gracious enough to recognize that."

Liberal Senator Jim Munson said Canadians should

In good company

The order is made up of 24 living Britons, including the Prince of Wales, Margaret Thatcher and Nobel laureate Frederick Sanger. It has also extended membership to foreigners. They include Dwight D. Eisenhower, Nelson Mandela, Mother Teresa and now Jean Chrétien.

be proud of the honour.

"I think it's special for Canada. I think (he was) a prime minister who reflected what a country felt about itself," said Munson, a former Chrétien communications director.

TORSTAR NEWS SERVICE

Family wary of wife: Friend

Trainer claims ex-champ's brother believed spouse 'set him up'

As news of champion boxer Arturo Gatti's death filtered out Saturday from the Brazilian resort where he had gone to meet his wife in an apparent attempt to reconcile a rocky marriage, his family members were paralyzed with shock, hoping it was a mistake.

But when Amanda Carine Rodrigues, 23, was charged Sunday with murdering her husband by strangling him with her purse strap, there was no surprise, friends of the family say.

Gatti's older brother, Joe, didn't mince words in speaking to boxing trainer Howard Grant on Saturday, before news of the murder charge broke.

"He said, 'I think his wife set him up. The woman was no good,'" Grant said.

Ivano Scarpa, a long-time friend who also spoke to Joe Gatti on Saturday, said both he and Joe Gatti thought it suspicious that the death occurred in Rodrigues's home country of Brazil. Gatti's financial success also gave them pause.

"The fact that they weren't on the best of terms, was it a smart move for him to have tried (to rekindle the relationship) again?" Scarpa said. "It's a tough call, a question we were asking ourselves. We believe he shouldn't have gone down. But when there's love — she's also the mother of his son."

Rodrigues denies being involved in her husband's death.

Gatti, 37, a former junior welterweight champion and one of the sport's most dramatic boxers, was



Brazilian wife of former Canadian world boxing champion Arturo Gatti, Amanda Rodrigues, centre, 23, is escorted by policemen after being arrested in Recife, Brazil on Sunday.

found dead in the holiday flat the couple had rented in the northern Brazilian seaside resort of Porto de Galinhas.

Brazilian police allege Gatti's wife strangled him

as he drunkenly slept. A bloodstained strap was found in the room.

The boxer also had a head injury, a police official said.

TORSTAR NEWS SERVICE

News in brief

IMMIGRATION Canada is taking steps to dam the flood of asylum seekers entering the country from Mexico and the Czech Republic by slapping visa restrictions on visitors, Im-

migration Minister Jason Kenney has announced. The move is aimed at what the federal government believes are the thousands of bogus refugee claimants. **TORSTAR NEWS SERVICE**

Quebec City Don't look down



Tightrope walker Ramon Kelvink Jr. walks on a high wire during the Summer Festival in Quebec City yesterday. The wire was stretched on a distance of 230 metres between the Price building and the Chateau Frontenac.

Woman waits on prints result

CITIZENSHIP Canadian officials in Kenya are keeping a Toronto woman in suspense over fingerprint results that could confirm her identity.

"When you are waiting for something, it's too much actually," the woman said yesterday from Nairobi, where she has been in limbo for eight weeks — including eight days in jail — after being accused of not looking like her passport photo.

After weeks of pleading, the woman identifying herself as Suaad Hagi Mohamud had her fingerprints taken at the Canadian high commission last Thursday.

TORSTAR NEWS SERVICE



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Earthquakes shake Taiwan, no reports of damage

Two earthquakes minutes apart rattled Taiwan yesterday, the Central Weather Bureau said, but there were no immediate reports of casualties or damage. **REUTERS**

5

World

2 shot in Xinjiang

Chinese police shot dead two people yesterday in renewed unrest in the northwestern region of Xinjiang, state media said, after at least 184 people died in riots last week.

The official Xinhua news agency said the two people killed in the regional capital Urumqi were Uighur. Police were trying to stop them attacking another Uighur when the security forces opened fire, the report said. Another Uighur was injured.

Of the official death toll from the July 5 riots, 137 were Han Chinese, who form the majority of China's 1.3 billion population, and 46 were Uighur, a Muslim people native to Xinjiang and culturally tied to Central Asia and Turkey.

Uighurs attacked Han Chinese in Urumqi that day after police tried to break up a protest against fatal attacks on Uighur workers at a factory in south China. Han Chinese in Urumqi launched revenge attacks later in the week.

State media said earlier in the day that demonstrations against Chinese con-



Police watch an ethnic Uighur woman and her son cross the road near where an incident involving a group of ethnic Uighurs and Chinese soldiers occurred a few hours earlier in Urumqi yesterday.

ulates in Europe and the United States showed that ethnic riots were orchestrated.

Demonstrators threw eggs, Molotov cocktails and

stones at several Chinese embassies and consulates, including in Ankara, Oslo, Munich and the Netherlands, Xinhua news agency said. **REUTERS**

Germany charges accused Nazi death camp guard

WAR CRIMES German prosecutors charged suspected Nazi death camp guard John Demjanjuk yesterday with helping to kill nearly 28,000 Jews in the Second World War, setting the stage for what could be Germany's last big Nazi war crimes trial.

Nazi hunters welcomed the announcement, which follows years of legal arguments over the wartime activities of 89-year-old Demjanjuk, who denies any role in the Holocaust.

Prosecutors said the long-

time Ohio resident, who has been held in a jail in southern Germany since May 12 after he was deported from the United States, would be tried in a Munich court, but did not specify when.

Demjanjuk was stripped of his U.S. citizenship after he was accused in the 1970s of being "Ivan the Terrible," a notoriously sadistic guard at the Treblinka death camp.

He was extradited to Israel in 1986 and sentenced to death in 1988, but Israel's Supreme Court overturned his conviction when new evidence showed another man was probably "Ivan."

The accused regained his citizenship, but the U.S. Justice Department refiled its case against him in 1999, arguing he had worked for the Nazis as a guard at three other death camps.

His citizenship was stripped from him again in 2002. **REUTERS**

News in brief

AFGHANISTAN Vowing to win insurgents over to the political process, Afghan President Hamid Karzai flew to the Taliban heartland of Kandahar yesterday on his first major campaign tour for next month's presidential election. Karzai was whisked under tight security to a government guest house in the southern city, where he survived an assassination attempt by a gunman in 2002.

U.S. Republican lawmakers pressed an attack against U.S. Supreme Court nominee Sonia Sotomayor yesterday, fighting an uphill battle to derail her nomination by President Barack Obama as the first Hispanic justice on the top U.S. court. Sotomayor was widely expected to win confirmation on the ideologically divided nine-member court which rules on key constitutional issues, which could include the death penalty, abortion and gun rights. Republicans have all but conceded they lack the votes to stop the Democratic-run Senate from approving Sotomayor to the lifetime post. **REUTERS**

Most-wanted list

• Retired factory worker Demjanjuk tops the Simon Wiesenthal Center's list of its 10 most-wanted suspected war criminals. It says Demjanjuk pushed men, women and children into gas chambers at the Sobibor death camp in what is today Poland.

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Comment

Order not without merit

Love him or hate him, Jean Chrétien deserves honour

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

The online comment boards lit up yesterday with news the Queen was bestowing the highly prestigious Order of Merit on Jean Chrétien.

Many wondered how the monarch could do such a thing? You're getting senile, Queenie, they said. The guy was a political Soprano. Got lucky because he had no opposition.

As someone who has written a couple books on Jean Chrétien, I found it surprising, given his controversy-laden denouement, that such an exalted

honour came. Surprising, but not overly so.

As with so many political careers, you can fashion your rating for Chrétien by selectively choosing either the negative or the positive.

The negative? The sponsorship scandal, Shawinigate, GST flip-flopping, the gun registry fiasco, military helicopters, the APEC controversy, his pedestrian manner, his overcentralizing of power, his being hounded out of office by his own party. Fixate on these, and you've got a loser. Yep, the Queen has gone batty.

The positive? Balancing the terribly red books, leaving the economy in great shape, pushing back separatism with the Clarity Act, telling George W. Bush where to get off on Iraq, defending the ordinary people against corporate inter-

ests, winning three straight majority governments. Fixate on these — and it's a different story.

Chrétien was a narcissistic politician who viewed politics as sport. For him, it wasn't about ideals so much as the ego-gratification of winning. At the same time, he was a leader of conviction with rock-hard Canadian values. He hated ideology because "when you're doctrinaire, you're always looking to justify your doctrine." He never liked the rich because the rich, he said, always wanted more. "It's very dangerous," he said once, "when you find comfort with the big shots."

He was a consolidator, not an innovator, a pragmatist, not an intellectual. He mingled with the elites but down deep was never one of them. He would show up at a golf course on his own,

even as prime minister, and join in with whomever happened to be teeing off — a factory worker, a clerk, a salesman.

He bore grudges. Offend him and he would take you down — the way he did that day when, sporting his dark terminator shades, he dispensed with a protester. But Jean Chrétien loved the country and wasn't dour or mean-spirited. At root he was a bullish champion of salt-of-the-earth Canadian values.

Despite all his shortcomings, this is where his significance lies. Through four decades in the political maelstrom, he stood up for what this country means like few others ever have. For that he is deserving of high honours.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DI ADORIO

Worth mentioning

Experts unearth history of pandemic flu viruses

Flu viruses that sparked the three worst pandemics in the last century circulated in their near-complete forms for years before the

with previous studies that suggested the H1N1 virus of 1918 was a mutant that jumped direct from birds to human and ended up

catastrophes

occurred, researchers in Hong Kong and the United States have found.

The H1N1 virus that sparked the Spanish flu of 1918-1919

circulated in swine and humans well before the pandemic started, and it did not come directly from birds as previously thought, they added. Instead, it was probably generated by genetic exchanges between flu viruses from swine and humans.

This contrasts sharply

Other viruses

Published in the Proceedings of the National Academy of Sciences, the study also involved two other pandemic viruses — the H2N2 responsible for the Asian flu of 1957, and the H3N2, which sparked the Hong Kong flu of 1968.

as many as 50 million people.

The findings are considered important because of the lack of studies of the virus in animals before

the current outbreak of H1N1. Through understanding the natural history of viruses, monitoring of current viruses can be fine-tuned, the team from the University of Hong Kong and St. Jude Children's Hospital in the United States wrote.

REUTERS

Views

Time to clean the slate on land treaties



Bernd
Christmas

Canada's constitution of 1867 and the 1981 Charter of Rights are old pieces of paper. Old documents that have no meaning in today's age. We should just rid ourselves of these and start over. Besides, they were written by folks who just don't know what is good for us in a modern age.

Prepare the ramparts, it's go time!

Logic would say it doesn't make sense. Our societal and legal foundations come from these writings. The rule of law is etched within every word. No one would question the need for a system that keeps order and ensures that our collective and in-

dividual human rights are upheld.

So why is it a different set of rules when it comes to dealing with the legitimate land claims of our approximately 1.5 million Aboriginal Peoples? People that have been on this land mass for thousands of years. People that have been displaced, and forced onto parcels of land called "reserves."

Starting around the late 1960s, Aboriginal Peoples began to place legitimate land claims before the government of Canada. Those claims now total 1,046, only 272 of which have been settled since 1972. While government position has progressed, for the most part the basic premise is this: Any claim must first be approved by the government before it can proceed.

Does that make sense?

FocusOn FirstNations

Editor's Note: This is the first of a series of columns focusing on First Nations and Aboriginal issues leading up to the Assembly of First Nations convention, July 21-23, in Calgary.

For example, if you want to remove burglars from your house, then you call the cops. Land claim policy is the opposite. In the case of your home, you would first have to ask the burglars if it is OK to call the cops!

The issue is that we all believe our system of law is there to protect us. So we must ensure that all people in this country are protected, including Aboriginal Peoples.

Land claims must move forward in a legitimate

and efficient manner. They cannot be slowed down by governments that are afraid that the use of those old sacred treaties signed by chiefs with European monarchs is a waste of time, too costly, and meaningless. Treaties are the most sacred form of recognition between two parties.

If Canada is a democracy, then elected leaders must once and for all clean the slate with the Aboriginal Peoples of the land.

The government apologized to Aboriginal Peoples who endured the brutality of residential schools. Why can it not apologize and own up to the treaties signed by previous governments?

Bernd Christmas is a Mi'kmaq lawyer practising Aboriginal and corporate law with the Bernd Christmas Law Group in Toronto.

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro

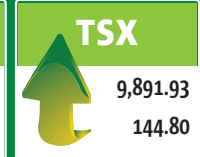
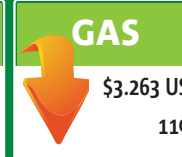
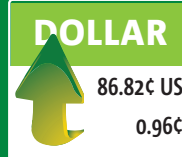
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McGraw-Hill looking to sell BusinessWeek: Source

McGraw-Hill is trying to sell BusinessWeek magazine, a source told Reuters yesterday, at a time when media advertising sales are slumping and would-be buyers for newspapers and magazines are scarce. McGraw hired boutique investment bank Evercore Partners Inc. to manage the sale, said the source. **REUTERS**

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Business



EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Disappearance stuns investors

Scott Hallman, 27, was driving home to Kingston, Ont., on Friday when he heard a report on the radio that a Montreal area financial adviser had gone missing and his firm's assets were frozen.

Hallman thought the news about Earl Jones might be a mistake, but he and his fellow investors are reeling from the news.

Authorities allege that Jones, through his firm, Earl Jones Consultant & Administration Corp., was operating a multimillion-dollar Ponzi scheme worth between \$30 million and \$50 million. Quebec's stock market regulator, L'Autorité des marchés financiers, froze Jones' bank accounts last week but lit-

Never licensed

- Earl Jones is being described as a charming man who cultivated his client base, many of whom were elderly, for years.
- Investors are now learning that Jones was never licensed to handle money from investors.

tle remained.

Authorities still have not been able to locate Jones. His clients are mostly from the Montreal area, but also reside in other parts of Ontario and the U.S., authorities say.

Montreal police said yesterday they would like to hear from anyone who gave money to Jones.

TORSTAR NEWS SERVICE

New York Start spreadin' the joe



Pedestrians walk past a new Tim Hortons coffee and bake shop in the Midtown Manhattan section of New York City yesterday. Tim Hortons Inc. began serving for the first time throughout New York City at 12 new locations yesterday.

Business In brief

LABOUR Unionized workers at Vale Inco's nickel mine in Sudbury and its nickel refinery in Port Colborne, both in Ontario, went on strike just after mid-

night yesterday, after rejecting the company's contract offer over the weekend. The strike won't have any immediate impact on nickel output. **REUTERS**

Microsoft moves Office to web

TECHNOLOGY Microsoft Corp. will release three versions of its dominant Office software that users can access over the web, catching up with products that rival Google Inc. launched three years ago.

It is the latest salvo in an intensifying war between Microsoft and Google, which announced plans last week to challenge Windows with a free operating system. Microsoft in-

troduced a new search engine, Bing, last month.

Microsoft will offer for free to consumers web-based versions of its Office suite of programs, including a word processor, spreadsheet, presentation software and a note-taking program. Microsoft will also host one business version of Office at its own data centres, charging companies a yet-to-be-announced fee. **REUTERS**

Economy to grow in 2nd half: Report

RECESSION The Canadian economy will begin growing again in the second half, boosted by global stimulus efforts, but the pace will be sluggish, the Conference Board of Canada said yesterday.

The research group forecast the country's GDP would fall by 1.9 per cent for the year, a revision

from the 1.7 per cent decline it forecast in April. It expects the economy to grow 2.7 per cent next year.

The group predicted Canada will follow the lead of the U.S., which it also expects to grow in the second half. But it warned that the effects of the recession will linger into 2010 and recovery will be slow. **REUTERS**

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EDITOR: NINA.DRAGICEVIC@METRONWS.CA

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AlisonOnMoney

Alison Griffiths

metronews.ca/alisononmoney

Note to Wall Street, Bay Street and all the other global avenues of finance — the next time, boys and girls, you feel a question welling up about where you're investing this billion or that trillion, make sure it gets answered before you make the buy.

I'm not saying that the last five years of account-

ing scandals, not to mention the asset-backed commercial paper implosion and the sub-prime mortgage meltdown, wouldn't have happened if a few questions had been asked and answered.

But it is clear that at least some of the mess could have been avoided if a few key people made one simple query. What the heck is this product anyway?

The lesson to be learned here is to ask questions about your investments. Don't have any, you say?

If you have an RRSP (Registered Retirement Savings Plan), RESP (Registered Education Savings Plan), TFSA (Tax Free Savings Ac-

Ask about everything

It's your money, find out exactly where it goes

Alison's Money Rule:

- When it comes to investing your money, there's no such thing as a stupid question.

count) or RDSP (Registered Disability Savings Plan), then you are an investor. And it's critical to understand what you're buying for any of these accounts when you make your contributions.

The only way to do that is to ask questions.

There's no such thing as a stupid one, by the way. Not all salespeople will understand everything they sell but the good ones

won't cover it up by offering some version of, "My firm believes it's a good investment," all dressed up with confusing jargon.

One of the best questions to ask is about the potential for loss in worst case situa-

tions such as March 2009 or November 2008 when the markets posted record lows. For example, many bought hedge funds thinking they were essentially risk-free GICs.



The lesson to be learned here is to ask questions about your investments. Don't have any, you say?

With a clear picture of the downside I doubt whether the average person would have touched them.

The bottom line is that if you don't thoroughly understand an investment product — walk away. You would be better off park-

ing your money in a safe and sound bond or GIC than risk losing it on something you don't comprehend.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

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On the web

Money Matters:

- Henry Choo Chong delves into the 'affordability' factor. Visit metronews.ca/money

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Investing:

- Allan Small points out that now is precisely the right

time to start investing

— when everyone else is running away. Read his column at metronews.ca/investing



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LPGA shakeup

Sweeping changes were announced by the LPGA Tour yesterday with commissioner Carolyn Bivens resigning from her post and being replaced on a temporary basis by Marsha J. Evans, a member of the LPGA's board of directors. **METRO NEWS SERVICES**

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Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

'Bashful prince' set to take on golf's king

BRITISH OPEN Let the comparisons begin.

Japanese teen sensation Ryo Ishikawa, whose nickname translates to the "bashful prince," is to play alongside golf's reigning king, Tiger Woods, as the British Open Championship begins Thursday at Turnberry, Scotland.

Ishikawa, who in 2007 became the youngest winner on a sanctioned circuit when he captured a Japan Golf Tour event at age 15, has called Woods his idol. The pair met briefly earlier this year at the Accenture Match Play Championship in Arizona but this will be the first time they play together.

It's the fulfillment of the first of two golfing goals Ishikawa publicly set for himself when he turned pro in January 2008.

"I want to play with Tiger Woods in the future and win the Masters," he told a Tokyo news conference.

Ishikawa, now 17, failed to make the cut in his first attempt at Augusta this year. But he still has three more chances to become the youngest winner of a green jacket, eclipsing Woods, who was 21 years and three months old when he first won at Augusta National in 1997.

REUTERS

It's Called Football speaks to the Victoria Highlanders Colin Miller on the club's growth at: metronews.ca/blogs

Doc gets the nod

Jays ace Halladay to start all-star game for A.L.

Toronto Blue Jays ace Roy Halladay and San Francisco Giants righty Tim Lincecum have been selected as the starting pitchers for the 2009 all-star game tonight at Busch Stadium in St. Louis.

American League manager Joe Maddon of the Tampa Bay Rays and National League skipper Charlie Manuel of the World Series champion Philadelphia Phillies made the announcements at a news conference yesterday, also laying out the starting lineups for their respective teams.

"It's very difficult to pick that one guy," Maddon said about choosing the starting pitcher, adding Kansas City's Zack Greinke was also part of the mix. "It's not an easy decision to make. Based on this season and the body of

work, I thought he deserved the nod."

Halladay has been rumoured to be on his way out of Toronto, as Blue Jays general manager J.P. Ricciardi recently indicated that he would be willing to deal his top pitcher for the right package.

"It's tough," Halladay said about the subject of trade rumours. "It's somewhere I enjoy being, but it's what's going to be best for the organization. It has been tough because I enjoy Toronto so much."

"When you do get a chance to be that first one out, it's special."

Roy Halladay

The 2003 AL Cy Young winner, Halladay owns a record of 10-3 with a 2.85 earned run average in 17 starts this season. He spent some time in June on the 15-day disabled list with a strained groin and is 0-2 in three starts since returning from the injury.

Halladay becomes the third different Blue Jay to start an all-star game, joining David Wells in 2000 and Dave Stieb in 1983 and '84.

"When you do get a chance to be that first one out, it's special," Halladay said. "It doesn't happen very often. It's a special feeling."

METRO NEWS SERVICES

Roy Halladay

Fielder first Brewer to win home run derby

BASEBALL Milwaukee first baseman Prince Fielder captured the 2009 Home Run Derby, beating Texas outfielder Nelson Cruz in the final round last night at Busch Stadium.

The 25-year-old Fielder became the first player from the Brewers to win the competition, held in advance of today's all-star game. He had six homers in the final round to five for Cruz.

Fielder, who will be on the field today as an all-star for the second time in

his career, participated in the 2007 Derby and was eliminated in the first round. He has already established a new franchise record with 78 RBI prior to the All-Star break, and showed great power with his left-handed swing last night, clubbing the longest homer, measured at 503 feet in the second round.

"I was just happy to be able to put on a show and glad I won," said Fielder.

Fielder's father, Cecil, a former Toronto Blue Jay, was in the Home Run Derby in 1990, '91 and '93.

Cruz was attempting to become the second Texas player to win the event.

Cruz and Fielder hit 11 homers apiece in the first round, a far cry from the record 28 Texas' Josh Hamilton had last year before he lost to Minnesota's Justin Morneau in the final round.

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Prince Fielder

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Lemaire deals with Devils

Jacques Lemaire, left, is returning for a second stint as coach of the New Jersey Devils. Lemaire led the Devils to the Stanley Cup in 1995. He was hired yesterday to replace Brent Sutter, who resigned after two seasons with New Jersey. The 63-year-old Lemaire coached the Devils from 1993 to 1998 before coaching the Minnesota Wild from 2000 through the end of this past season, when he resigned.

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Sports in brief

TOUR DE FRANCE Alberto Contador shrugged off Lance Armstrong's talk of tensions within the Astana team, saying yesterday he would let nothing distract him on his quest for a second Tour de France victory.

Seven-time champ Armstrong said Sunday that having two strong co-leaders on the team was not without its problems.

TENNIS The WTA Tour has named Welland, Ont., native Stacey Allaster as its new chairman and chief executive officer. Allaster has been the president of the women's professional tennis circuit since 2006. In her new post, Allaster succeeds Larry Scott, who left the WTA to become the commissioner of the Pac-10 conference.

DEFECTED Cuban pitcher Aroldis Chapman, who defected from the Caribbean nation earlier this month after arriving with

his national team for a tournament in the Netherlands, has signed with an agent. If Chapman follows the path of previous Cuban baseball players who defected, he would establish residency outside the U.S., and become a free agent.

SOCCER Manchester City have agreed to sign Argentina forward Carlos Tevez on a five-year contract, the Premier League club said on its website yesterday. The 25-year-old former Manchester United player will complete his move to City subject to a medical.

MLS Toronto FC forward Chad Barrett has been named Major League Soccer's player of the week for Week 17 of the 2009 season. Barrett scored two goals in Toronto FC's 3-1 victory over the San Jose Earthquakes on Saturday.

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Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

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SOFI PAPAMARKO
For Metro Canada

You want the best for your hair, but you also want to be kinder and gentler to the environment.

Good news! There's a new generation of natural hair care products that will help you feel good about the environment without sacrificing the look of your locks.

While certainly not as natural as brushing organic patchouli oil through your tresses and calling it a day, these products are more ecologically sound than most shampoos and conditioners on the market and will leave your hair silky, shiny and free from the dreaded residue often associated with natural hair care products.

Schwarzkopf Professional

Schwarzkopf Professional's Essensity line features shampoos, conditioners, styling products and gorgeous ammonia-free hair colour that is 90 per cent natural — so why not go all the way?

"In order to not compro-



Schwarzkopf Professional's Essensity line and Simply Organic's Everyday Hair are among the many products available that will not just breathe new life into your hair but protect the planet as well.

mise performance of product, at this point you still have to have some synthetic ingredients," explains Kelly Cook, technical adviser for Schwartzkopf. Their amazing Clarifying Shampoo contains organic Eucalyptus essences and is 100 per cent free from artificial colour, artificial fragrances, silicones, PEG's and parabens. Schwarzkopf also have an impressive tropical reforestation initiative in place. (\$15.75 at s c h w a r z k o p f -

professional.com).

Simply Organic

If you're looking to add lustrous shine to your hair naturally, then Simply Organic's Everyday Hair and Scalp Wash and Rinse is a one-two punch. Made with olive leaf extracts and free from parabens, you'll definitely feel good about using it.

Unexpected bonus No. 1: It totally smells like root beer. Unexpected bonus No. 2: In a pinch, the Every-

day Hair and Scalp Rinse does brilliant double duty as a shaving cream. (\$26 at simplyorganicbeauty.com).

Nature Clean

For those with allergies and sensitivities to fragranced personal care products, Nature Clean is a veritable dream come true. The Canadian owned-and-operated company's Herbal Shampoo and Conditioner is 99.9 per cent natural, hypoallergenic and unscented. Best of all, your

hair has never looked or felt better. (\$8.99 at naturecleanliving.com).

Dr. Hauschka

Containing macadamia nut oil and orange oil as well as extracts of Fenu-greek and Rosemary Leaf, Dr. Hauschka's Macadamia and Orange Shampoo for normal hair leaves you smelling like a spice rack and rinses squeaky clean.

Instead of using much-maligned ingredients like sodium lauryl sulfate, a sugar-based surfactant is used to create a sexy lather. (\$19.95 at drhauschka.ca).

Aveda

Aveda have launched their Sun Care line, featuring a Hair and Body Cleanser that removes chlorine and salt build-up and contains natural ingredients such as Tamanu oil, certified organic coconut oil and green tea extract.

It's packaged in 80 per cent post-consumer recycled high-density polyethylene and is scented with Aveda's 100 per cent certified organic signature Pure-Fume blend. (\$24.50 at aveda.com).

Haircare when you are travelling

Forget "experimenting" with hotel shampoo and conditioners, travel in luxury with Schwarzkopf Professional's two new travel trio kits.

- For stressed locks, there's the Cashmere Travel Kit. It contains the Seah Cashmere Bath Shampoo (50ml), the Seah Cashmere Wrap Conditioner (50ml) and the Seah Cashmere Masque (30ml).

- For colour-treated locks, there's the Blossom Travel Kit. It contains Seah Blossom Bath Shampoo (50ml), Seah Blossom Wrap Conditioner (50ml) and Seah Blossom Masque (30ml).

- Both kits come with a free mini travel pouch and cost \$24 each. Seah products are available at select salons across Canada. To find a store near you please call 1-800-463-3081.



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Choose the right shade for you

HAIR MAINTENANCE When considering changing your hair colour Clairrol consulting colourist Christopher Martin suggests defining what your current colour is and then determining what you want to achieve. He offers these tips:

If you want to go lighter, go one shade lighter from your starting colour every four to six weeks; if you want to go darker, choose one shade darker each week. To add warmth, always choose one shade lighter than your current colour. Look for a shade that includes the words "red/gold" in the product description.

To get rid of brassiness, choose a colour one to two shades lighter than your current hair colour. Look for a shade with the word "ash" in it.

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How big is your love?

Married people more likely to gain weight: Study

The J Spot
Josey Vogels
metronews.ca/thejspot

Seems that old adage about people "letting themselves go" after marriage is true.

Research out of the University of North Carolina recently published in the journal *Obesity* followed 6,949 U.S. adolescents into young adulthood and found that those who married were more than twice as likely to become obese than those who just kept dating.

It isn't surprising that people put on weight once married. Instead of scarfing down a frozen Lean Cuisine before rushing out to meet your Monday night Singles' Rock Climbing club, once married, you're more likely to sit down to a full meal together followed by a night in front of the TV, scarfing down a bag of potato chips while the svelte couple in your wedding portrait mocks you from the mantle piece.

Obviously this isn't an issue for many couples — just more to love, right? —



According to a recent study by the University of North Carolina, controlling your weight in a relationship can be tough and even cause strain in the relationship.

but, as wonderful as it is to love and accept each other no matter what, it seems to me many people use this as an excuse to stop loving themselves.

And before you get on my case and think I'm implying that you can't love yourself if you're heavy or that you can't love and accept someone else who's heavy, I'm speaking more

specifically about people who don't start marriage that way.

According to this study, controlling your weight in a relationship can be tough and even cause strain in the relationship.

For example, if your partner is constantly bringing home junk food when he or she knows you're struggling with your

weight it can make you feel resentful and unsupported.

Or, in some cases, if one partner manages to lose weight and get in shape, the heavier partner can sometimes feel threatened and insecure.

Asking a partner to lose weight will only make them feel defensive and ultimately less motivated anyway.

So what do you do? Simply accept it as part of married life?

Obviously, we fall in love with a person, not their size but to deny that part of what drew you to your partner was their physical appearance is naive.

If their looks change significantly during your relationship or marriage, isn't it also naive to think this won't have an effect on your relationship?

What do you think? How would you feel if your partner gained a lot of weight? Would you say anything? If you and your partner have both gained weight, has it affected your relationship?

Go to Josey's Sexcetera blog at metronews.ca/blogs and let us know how you feel.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Pthalates in shampoos may pose risks for moms

CELIA MILNE
 for Metro Canada


Ever feel like you're getting chemical overload? If you want to detox — especially if you're pregnant — start with your hair. A small step you can take towards toxin-free living is to use shampoo that is "phthalate-free." Phthalates are chemicals commonly found in plastics and vinyl flooring, and they often lurk in shampoos, hair sprays, perfumes and moisturizers as well.

"Phthalates may cause endocrine [hormone] disturbances and other effects," says Dr. John Meeker, assistant professor of environmental health sciences at the University of Michigan School of Public Health in Ann Arbor, Mich. "Animal studies and limited human studies have reported adverse effects on reproduction, fetal development and other processes."

A new study of pregnant women led by Meeker suggests that phthalates may contribute to a growing number of premature births. He and colleagues in the U.S. and Mexico

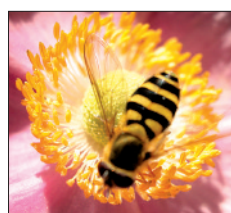
studied data from 60 pregnant women who had been enrolled in a larger study conducted at prenatal clinics in Mexico.

Half of the women carried their babies to term and half of them delivered prematurely.

Results showed that women who delivered premature babies had, on average, three times the levels of phthalates in their urine, compared to women who delivered their babies at full-term. Another study — this one in Shanghai — found that when babies in the womb are exposed to phthalates, they are more likely to have a low birth weight.

Although neither of these studies prove that phthalates cause health problems, they do add to the evidence that phthalate exposure might be a concern in our health and the health of our children.

So what can you do to limit your exposure? Look for products that say "phthalate-free" on the label, Meeker advises. He also suggests there are resources on the web that list phthalate-free products.



For most people, a bee sting isn't usually a big deal.

What to do when a bee stings

ALLERGY Fewer than one per cent of people have severe allergic reactions to bee stings (including hives, vomiting and fainting). If you or someone with you has been stung and shows symptoms of an allergy, call 9-1-1 right away.

But usually, a bee sting isn't a big deal. Just be the nurturing woman you are: Be quick, and scrape the stinger out of the skin using your fingernail or a credit card. Don't squeeze it or you'll release more venom.

If you have meat-tenderizing powder in your spice rack, make a paste with ice-cold water and apply it for 10 minutes. Otherwise, use toothpaste: It's among the world's best home remedies for bee-sting relief.

BEST HEALTH MAGAZINE

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There will be special Harry Potter and the Half-Blood Prince screenings at midnight tonight at Dunbar, Fifth Avenue, Oakridge, Rio on Broadway, Scotiabank Vancouver, Esplanade 6, Silvercity Riverport, Silvercity Metropolis, Silvercity Coquitlam, Strawberry Hill Grande, Studio 12 Guildford and Colossus Langley theatres. **METRO NEWS SERVICES**

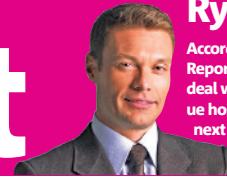
Harry Potter midnight screening

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Ryan's big raise

According to the **Hollywood Reporter**, Ryan Seacrest has signed a deal worth \$45 million US to continue hosting **American Idol** for the next three years, more than tripling his old salary. **POPEATER.COM**



Dead Weather goes along with the music

BRYAN BORZYKOWSKI
for Metro Canada



If anyone deserves the title "busiest musician in show-biz" it's Jack White. Besides fronting The White Stripes, the prolific artist is a producer, a record store owner and the guitarist and singer in the Raconteurs. So when White started yet another project, even he was surprised.

"I wasn't expecting to be in a new band on another tour," says White before a gig in Toronto. "Last fall I had an empty calendar. I can't believe what has happened in the last six months."

What's happened is The Dead Weather, a sludgy garage blues rock band that features The Kills' Alison Mosshart on vocals, Queens of the Stone Age's Dean Fertita on guitar, Raconteurs' Jack Lawrence on bass and White on the skins.

It's a supergroup to be sure, but unlike, say, Velvet Revolver, the foursome isn't doing this to make a quick buck. The reason they formed the band, says White, is because the music told them to.

"I do believe the music tells you what to do," he explains. "If the songs didn't emerge they wouldn't have told us to form a band. We're busy. We're not looking for something fun to do. There was a direct need to



The Dead Weather is equal parts The White Stripes, Queens of the Stone Age, The Kills and The Raconteurs but their sound is unique, says drummer Jack White.

"It was really a massive accident. We had so many songs that we really loved and we were having such a good time."

The Kills' Alison Mosshart

create these songs."

You can't just chalk this band formation up to some musical spirit having its way with the group — it helped that White became friends with Mosshart after the Kills opened for the Raconteurs.

Soon enough the friendship blossomed into a musical partnership when, on one alcohol-fuelled night, the two songwriters, along with Fertita and Lawrence, recorded Gary Numan's Are Friends Electric. About 12 hours later they had written four other songs.

"We just kept writing,"

says Mosshart. "It was really a massive accident. We had so many songs that we really loved and we were having such a good time."

There's no question that these swampy goth-rock songs are fun, but they're no White Stripes or Kills. White admits that it might be difficult for people to get that this new band is different.

"If you put musicians in bands together people think the new group should therefore be better than the best Queens, Stripes and Kills songs put together," says White. "It's impossible

for fans not to have these preconceptions. I imagine it will take a couple listens to clear their head."

White also points out that just because this group doesn't sound quite like their other acts, doesn't mean The Dead Weather went into the studio consciously trying to create a new sound.

"It's very hard for people not to think it's pre-mediated and talked about," he says. "But, if we sat down and said who should be in this band, it would have been something else. If you go into it thinking I like this one Missing Persons album or I like this Frank Zappa record then maybe you'll get something, but it won't make sense. If it doesn't come naturally then it's not worth doing."

A&E's Jackson family reality show in limbo

A&E is working on a reality project with the Jackson family that could gain new-found viewer interest in the wake of the King of Pop's death.

The network commissioned a one-hour special following Jackie, Tito, Jermaine, Marlon and Randy that was originally intended to serve as a "backdoor pilot" for a potential series. The project was commissioned months ago and producers have finished shooting footage that followed Jackson family members as they readied a new album and reunion tour.

"We have started discussing internally and with the family but have not yet decided what direction to take with the show. We are respecting the family's wishes right now."

A&E Executives

interviews capturing the current incarnation of The Jacksons as entertainers, entrepreneurs and family members — yet also has a glaring narrative omission hanging over its current form.

A&E's special will almost certainly have to change to reflect recent events. But the network has not yet decided the best course of action.

"We have started discussing internally and with the family but have not yet decided what direction to take with the show," said A&E executives, in a statement.

"We are respecting the family's wishes right now, and at the appropriate time we will all decide what direction this program to take, so stay tuned."

REUTERS

HollywoodRants

Steve Gow

Steve Gow rants about bikinis and swimsuits in movies and where to find the best one at metronews.ca/hollywoodrants



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Mel Gibson video puts singing girlfriend on the fast track

Mel Gibson isn't wasting time with his girlfriend's singing career. Less than a month after Oksana Grigorieva released a video for her first song, Say My Name, she's back with another one. Beautiful Heartache was directed by Gibson in Mexico. **POPEATER.COM**



Red alert! It's Christina

But who'd know Mad Men star is a natural blond?

NED EHRBAR
for Metro World

As voluptuous Joan Holloway on Mad Men, Christina Hendricks has been melting hearts with her fiery red hair.

The only thing is, she's a natural blond.

At the age of 10, Hendricks had a revelation.

"I wanted to be Anne of Green Gables," she admits. So the red rinses began.

"When I started modeling, I went back to my natural blond colour, but I always felt like a redhead," she says.

After going red again, "I started working 10 times more than I did as a blond."

Known as much for her impressive curves as she is for her hair, Hendricks admits working on a show like Mad Men has been a blessing:

She gets to avoid the gym.

"If (creator Matthew



Christina Hendricks on Mad Men. She admits she loves the 'positive' attention from men that the show brings her.

Weiner) sees a defined arm muscle, he'll tie you down so you can't use your limbs," she jokes.

"It's important to him that you don't see sculpted 2009 bodies."

Not that anyone is complaining about the shape Hendricks is in.

"I've gotten a lot of positive attention," she says.

But Hendricks doesn't see her character Joan Holloway as using her body overtly. "Joan never really says anything sexual or anything with innuendo."

One of the biggest takeaways from the show for Hendricks has been the fashion lessons.

"I never would've thought to put on a pencil skirt before Mad Men. And it does wonders."

Season 2 of Mad Men is out on DVD today

Sarandon stars in Keavorkian movie

DR. DEATH Susan Sarandon and John Goodman are set to join Al Pacino in You Don't Know Jack, HBO Films' movie about Jack Keavorkian, the assisted-suicide specialist dubbed Dr. Death. Keavorkian assisted in more than 130 suicides. He was convicted in 1999 of second-degree murder and spent eight years in prison. Sarandon will play Janet Good, an activist with the Hemlock Society who becomes one of Jack's staunchest supporters. Goodman will play Nicol, a friend and co-worker of Keavorkian since 1961 and a steadfast supporter of the right to die.

REUTERS

Huston wins a movie crown

MYTHOLOGY In a role fit for a member of Hollywood royalty, Danny Huston will play King Richard I in the untitled Robin Hood movie starring Russell Crowe as the mythical hero. Production on the Imagine/Universal film is underway in England with Ridley Scott at the helm. Huston, the son of director John Huston, will step into the shoes of the historical figure King Richard, who became known as Richard the Lionheart because of his exploits in the Third Crusade.

HOLLYWOOD REPORTER

DVD picks

12

Director: **Nikita Mikhalkov**

A DAGGER stabs through a thick stack of paper, showing how easily it would have passed through a man's heart.

The verdict for 12 Moscow jurors deciding the fate of a Chechen youth accused of murdering his Russian stepfather seems just as simple: guilty as charged.

Yet one of the men vacillates, remembering his own troubled youth, and sets in motion a series of accusations and confessions from the other jurors that turns rough justice into a masterful intrigue.

Nikita Mikhalkov's Oscar-nominated version of Reginald Rose's classic story of crime and punishment, already well told through Sidney Lumet's 1957 film 12 Angry Men, is less a remake than a brilliant reinvention.

He remains true to the story basics but transforms the spirit of the drama into an exposé of Russian society and its many failings.

All of the actors are first-rate, including Mikhalkov in the role of the jury foreman whose own late-arriving story ups the ante of a narrative that never flags, even at an epic 159 minutes.

The standout is Sergey Garmash as a racist cab driver.

Mikhalkov breathes air into the room by setting the jurors in a dilapidated high school gym for their deliberations, which allow them to make use of innovative props and to demonstrate the sad state of Russian infrastructure.

A small bird that flits in and out between the holes in the room acts as metaphor for the fate of the Chechen youth (Apti Magamayev) who sits in solitary confinement.

This most American of courtroom sagas has been masterfully transferred to Russian soil.

Overlooked at theatres in its spring release, and a runner-up for Oscar glory in the Best Foreign-Language Film category in 2008, it deserves the full attention of discerning DVD buyers and renters.

Che, Part One

Director: **Steven Soderbergh**

THE ELEPHANTINE account by Steven Soderbergh of the rise and deification of revolutionary Ernesto (Che) Guevara ran a bladder-bursting four hours and 22 minutes in its theatrical version.

But it has been split into two for the DVD release.

The first and better section, The Argentine, begins with Guevara's mid-1960s posturing at the U.N. before backtracking into the jungle warfare that led to victory alongside Fidel Castro in 1959.

The film reeks of authenticity but also self-indulgence.

A potentially great performance by Benicio Del Toro in the title role is buried beneath Soderbergh's stylistic tics.

We never really get to know the man whose face launched a million T-shirts.

(NOTE: James Gray's romantic drama Two Lovers, previously reviewed, is also available today.)

— **PETER HOWELL/**
FOR METRO CANADA

critics'corner

Being Erica

All it takes is one intimidating person to make someone leery of standing up for herself. In this episode, Erica (Erin Karpluk) has a new boss who's a real bully. To help her gain the confidence to confront him, Dr. Tom (Michael Riley) sends her back to university for a do-over with a fearsome professor. Tyron Leitso also stars in "The Secret of Now." 9 PM on CBC



Law & Order: Special Victims Unit

While investigating a triple murder, Detectives Benson and Stabler (Mariska Hargitay, Chris Meloni) discover that one of the victims had been working at a strip club run by former Radio City Music Hall Rockette Birdie Sulloway (guest star Carol Burnett), who tries to pitch in with her nephew (guest star Matthew Lillard) to help solve the case, but the investigation takes an odd turn when the chief suspect suddenly dies in "Ballerina." 10 PM on CTV, NBC

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
251	308	1	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Being Erica (CC) (DVS)	CBC News: The National (N)	(05) The Hour		
255	358	1	JOY	El News (N)	The Insider	Taking It Off (N) (CC)	Better Off Ted	Rocker Moms	Ruby (N)	Ruby (N)	News (N)	
254	-	1	M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition	News: Cantonese Edition	Omni News: Punjabi Edition	Metropia			
250	321	1	CTV	etalk (CC)	Hollywood	Canada's Next Top Model	Criminal Minds (CC)	Law & Order: SVU	News (N)			
-	-	1	OMNI	The Daily	Frasier (CC)	Islam 101 (CC)	Poltergeist: The Legacy	America's Got Talent (N)	NCIS "Corporal Punishment"	News (N)		
252	336	1	GTV	Entertainment	ET Canada	NCIS "Love & War" (CC)	Big Brother 11 (N) (CC)	Cupid "Shipping Out" (CC)	News (N)			
256	389	1	VI	The Road to Avonlea	Monk Monk develops a crush.	90210 "Hollywood Forever"	America's Got Talent (N)	Cupid "Shipping Out" (CC)	News (N)			
253	359	1	CITY	Law & Order: SVU	Deal-No Deal	According-Jim	According-Jim	Murdoch Mysteries	Make Me a Supermodel	The CityNews		
-	-	1	CW	Deal-No Deal	Deal-No Deal	90210 "Hollywood Forever"	Hitched or Ditched (CC)	Seinfeld	Seinfeld	Frasier (CC)		
289	381	1	CBS	Entertainment	The Insider	NCIS "Love & War" (CC)	Big Brother 11 (N) (CC)	48 Hours Mystery (CC)	News (N)			
287	379	1	NBC	Evening Mag.	Inside Edition	America's Got Talent (CC)	America's Got Talent (N)	Law & Order: SVU	News (N)			
602	568	1	W	Style by Jury	Friends (CC)	Style by Jury	Style by Jury	Confessions of a Go-Go Girl (2008, Drama)				
288	380	1	ABC	Wheel-Fortune	Jeopardy! (N)	The Superstars (N) (CC)	Better Off Ted	Scrub (CC)	Primitime: Family Secrets (N)	KOMO 4 News		
-	-	1	KVOS	M*A*S*H	Seinfeld	The Usual Suspects *** (1995)	Stephen Baldwin.	King	Still Standing	Scrub (CC)		
291	383	1	PBS	Steves Europe	Conver-KCTS	Nova (CC) (DVS)	Nova scienceNOW (N)	P.O.V. (N) (CC)				
290	382	1	FOX	MLB Baseball All-Star Game.	Washington	Malcolm-Mid.	King of Hill	Family Guy	News (N) (CC)	Family Guy		
-	364	1	PBS	Weapons	Weapons	My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)	Nova (CC) (DVS)		
296	654	1	SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
298	653	1	TLA	Two/Half Men	Two/Half Men	90210 "Hollywood Forever"	Hitched or Ditched (CC)	KTVA Prime News (N) (CC)	Friends (CC)	Friends (CC)		
295	651	1	WGN	WGN News at Nine (N) (CC)	Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids	
297	652	1	WPX	PIX News at Ten	Teng. (N)	Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
199	311	1	STR	News (N)	News	Late Show-Letterman	Late Show-Letterman	Will & Grace	Seinfeld			
502	390	1	NW	Mad, Bad & Ugly Drivers	CBC News: The National (N)	CBC News: The National	Mad, Bad & Ugly Drivers	National				
500	500	1	CNN	Anderson Cooper 360 (CC)	Sportsnet	Sportsnet Connected (Live)	Sportsnet Connected (Live)	Sportsnet				
407	419	1	RSP	(5:00) MLB Baseball All-Star Game. (Live)	In This Corner	Premier League Poker III (N)	Premier League Poker III (N)	SportsCentre				
400	400	1	TSN	SportsCentre (Live) (CC)	Cycling: Tour de France	Cycling Tour de France - Stage 10. From Limoges to Issoudun. (CC)	From Limoges to Issoudun. (CC)	Departures				
411	457	1	OLN	Cycling: Tour de France	Cycling Tour de France - Stage 10. From Limoges to Issoudun. (CC)	From Limoges to Issoudun. (CC)	From Limoges to Issoudun. (CC)	Departures				
410	403	1	SCR	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score
417	406	1	SC	Drag Race	Drag Race	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!	Super Bikes!	Drag Race	Drag Race
416	409	1	GLF	Fútbol Español	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga	Hallo Bundesliga
552	543	1	YTV	Family Biz	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach	Mystery Hnt.	
555	545	1	TEL	Jimmy Two	Total Drama	6TEEN	Futurama	American Dad	Chicken	American Dad	Moral Ore	
557	541	1	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Ned's School	Cory in House	Zack & Cody	
558	546	1	TRE	Comfy Couch	Zigby	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin (CC)	Comfy Couch
268	534	1	KNO	Moon Machines (N) (CC)	Mighty Movers (CC)	Private Life of a Masterpiece	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith	
575	583	1	CMT	Hope & Faith	Hope & Faith	Ultimate Garage: Hits	Greek (CC)	Greek (CC)	MuchVibe	Spotlight		
570	582	1	MM	Video on Trial	disBand	One Tree Hill (CC)	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith	
600	564	1	H&G	House	House	Holmes on Homes (CC)	SarahCottage	Genevieve	HGTV's Top	Dirty Business	House	
515	520	1	A&E	The Cleaner (N) (CC)	The Cleaner (CC)	The Cleaner (CC)	The First 48 (CC)	The First 48 (CC)	The First 48 (CC)	The Cleaner		
628	584	1	SPKE	Ways to Die	MANswers	MANswers	MANswers	Ways to Die	MANswers	Disorderly		
521	560	1	TLG	Little Couple	Little Couple	18 Kids-Count	18 Kids-Count	Little Couple	Little Couple	Stager	Dress	
616	522	1	SHO	The Outer Limits (CC)	Painkiller Jane (CC)	The Haunting of Sorority Row	The Haunting of Sorority Row	The Haunting of Sorority Row	The Haunting of Sorority Row	The Haunting of Sorority Row	House (CC)	
620	523	1	BVO	Bravonews	Numus (CC)	Law & Order "Quilt Claim"	Without a Trace "Light Years"	Without a Trace "Light Years"	Without a Trace "Light Years"	Without a Trace "Light Years"	Without a Trace "Light Years"	
601	562	1	SLC	Rich Ride, Poor Ride (CC)	ET Canada	Till Debt-Part	Real Housewives OC	Trading Spouses	Trading Spouses	Trading Spouses	Trading Spouses	
520	505	1	DIS	Deadliest Catch Great fishing.	Daily Planet (CC)	Daily Planet (CC)	Destroyed	Destroyed	Deadliest Catch Great fishing.	How It's Made	How It's Made	
522	506	1	HIS	NCIS "Singed Out" (CC)	Lost Worlds (CC)	Lost Worlds (CC)	To Build a Nation (CC)	NCIS "Singed Out" (CC)	NCIS "Singed Out" (CC)	Marine Mach.	Marine Mach.	
627	528	1	SPC	Watchmen	Watchmen	(15) Stargate SG-1 "Gemini"	Star Trek: Next Gener.	Star Trek: Next Gener.	(15) Star Trek: Voyager (CC)	Star Trek: Ent.	Star Trek: Ent.	
524	560	1	TBS	The Office	The Office	Seinfeld	Seinfeld	Sex and-City	Sex and-City	Seinfeld	Seinfeld	
519	525	1	TROP	Power Play "The Truth"	Tube Tales	Tube Tales	Seinfeld	Raymond	Family Guy	Seinfeld	Seinfeld	
603	561	1	FN	Good Eats	Good Eats	Iron Chef America (CC)	Unwrapped	Unwrapped	Iron Chef America (CC)	Good Eats	Good Eats	
626	547	1	COM	Air Farce	Just for Laughs (CC)	Corner Gas	The Simpsons	South Park	Hot Box (N)	Awesome	Daily Show	
320	621	1	CEN	(6:25) The Last Door (2007)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	Sex Drive ** (2008) Josh Zuckerman. Premiere. (CC)	
561	566	1	MTV	Run's House	Run's House	MTV Live	After	Living	Living	Run's House	Run's House	MTV Live
261	394	1	V	Galileo's Sons	Galileo's Sons	Poltergeist: The Legacy	On the Waterfront *** (1954, Drama) Marlon Brando.	On the Waterfront *** (1954, Drama) Marlon Brando.	On the Waterfront *** (1954, Drama) Marlon Brando.	On the Waterfront *** (1954, Drama) Marlon Brando.	On the Waterfront *** (1954, Drama) Marlon Brando.	
-	-	1	MUL	Banquet	Kingdom-Wind	Il Caffe	In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World	



Kate Moss is set to launch a 1.5-billion-US business empire with music mogul Simon Cowell and businessman Sir Philip Green, femalefirst.co.uk reports. The power trio hopes the new company will be able to compete with Disney. **METRO NEWS SERVICES**

Celebrity Buzz

Posh is gunning for Sex and the City sequel role

JUST WANTS TO ACT Victoria Beckham is busy brushing up her acting skills in the hopes of landing a part in the next *Sex and the City* movie, according to the Daily Mail. Beckham wanted to take part in the first film, but the Spice Girls reunion tour schedule made it impossible. "She really wanted

to be in the last movie but wasn't able to," a source tells the Daily Mail. "This time she's keen to take part." Beckham had a cameo on *Ugly Betty* in 2007. **METRO NEWS SERVICES**



Angelina and Brad are in the market for a NYC pied-à-terre

OVER-HOUSED Brad Pitt and Angelina Jolie are reportedly ready to add another home to their portfolio of properties, looking to scoop up a spot in the Aghorh, a 1908 luxury building on New York City's Upper

West Side, according to Gatecrasher. "The gated courtyard means they can get in and out of their car without being hassled by paparazzi. The building also has several other exits," a source says. **METRO NEWS SERVICES**



Gaga bids goodbye to fling

DISPOSABLE RELATIONSHIP Lady Gaga has hinted her relationship with her entrepreneur boyfriend is over — a month after the pair went on a beach holiday, femalefirst.co.uk reports. The pop singer was linked to a mystery man — who was known only as Speedy — after they were pho-

tographed kissing passionately in Hawaii in June. But the singer is now enjoying being on her own.

She tells Britain's *The Sun* newspaper, "I'm a single girl. I like to have a good time. I just sleep with the guys in the band all the time because it's easier." **METRO NEWS SERVICES**



Longoria likes it when Tony ties her up

LEISURE PURSUITS Eva Longoria Parker likes being tied up during sex, femalefirst.co.uk reports. The *Desperate Housewives* actress — who is married to basketball star Tony Parker — has revealed her most satisfying lovemaking sessions involve her being restrained in the bedroom.

She revealed: "I'm not averse to being tied up with silk scarves. I like a man to take charge. There's something very sexy about being submissive."

Speaking as part of *Cosmopolitan* magazine's Best Ever Sex survey, Spider-Man star Kirsten Dunst also revealed her favourite en-

counter, admitting she once had sex in a store changing room with actor Jake Gyllenhaal.

Former Spice Girl Mel B revealed her husband, film producer Stephen Belafonte, is the only person she has ever been in a relationship with who could match her sex drive.

She said: "I know I'll always be faithful to Stephen because I've never met anyone before him who is sexually on a par with me." **METRO NEWS SERVICES**



Rachel's vocal cords get sliced and diced

ALTERATIONS After years of putting surgery off, TV host Rachael Ray has gone under the knife to repair her ailing vocal cords, popeater.com reports. People magazine learned that Ray underwent the procedure last week. "Rachael decided to have a benign cyst removed from her vocal cord," said her rep, Charlie Dougiello. **METRO NEWS SERVICES**



Lonesome Leonardo chats up the chicks

PLAYAS Leonardo DiCaprio, who recently split from model Bar Rafaeli, was just spotted at New York watering holes "with a bunch of dudes, talking to girls," sources tell Page Six. Before hitting up two lounges at inns in Greenwich Village, DiCaprio "a crew of guys" were seen enjoying the company of "two stunning mystery females" at the Knave bar in Le Parker Meridien in midtown. **METRO NEWS SERVICES**



Bored Brit varies up her show

OVERACTIVE MIND Britney Spears continually changes her stage show to stop herself from getting "bored," femalefirst.

co.uk reports. The singer — who is currently completing the European leg of her *Circus* tour — continually changes her set list and introduces new dance routines to ensure her performances are always fresh.

She explained: "We have a song called *Mannequin*

that we're adding to the show, which I'm really, really excited about, so it should be interesting. We have to update the show or it gets really boring."

The 27-year-old singer is currently in Paris, and admits it is one of her favourite cities. She said: "It's

going really well so far, I'm having a lot of fun. I'm very excited to be in Paris. It's one of the most beautiful places I've been to so far. It's very cool."

METRO NEWS SERVICES



Damon plays up charitable side on Entourage

PUBLIC GIVING Matt Damon is no stranger to good exposure — or good deeds, people.com reports.

"Matt came on the phone with me and wanted to do something that focused on his charity, *One By One*, which helps kids all over the world," Doug Ellin, executive producer of *Entourage*, tells TV Guide. "It wasn't hard to get him."

As for Damon's *Entourage* appearance, that's a secret that's not supposed

to be spilled until the HBO's series' Oct. 4 sixth-season finale. Still, the cat may be out of the bag, thanks to loose lips on the show's cast members.

In the scene, set in an airport, "Matt gets Vince (Adrian Grenier) to make a massive donation. He's like,

'Bro — whip out your chequebook!'" reveals Emmanuelle Chriqui, who plays Sloan.

Adds Grenier: "The joke is that Matt is very passionate about his charity — almost in a stalkerish kind of way. Vince becomes (intimidated) by his intensity. He ends up bullying Vince into giving much more than he should."

METRO NEWS SERVICES



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ComicsOnline For more cartoons, visit metronews.ca

Lindsay's got her sights set on Russell

DESPERATION Ever since her relationship with Samantha Ronson hit a rough patch, Lindsay Lohan has reportedly had her sights set on Russell Brand. But he's not interested. "Russell has been on her radar for a while now but he doesn't want anything to do with her," a source tells the Sun. **METRO NEWS SERVICES**



Winehouse has worn out her welcome

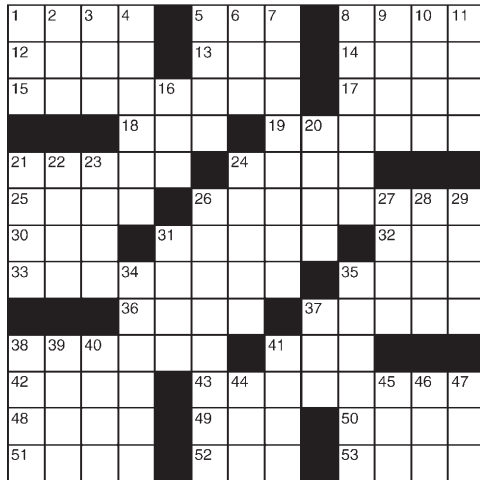
LOST CAUSES Singer Amy Winehouse is reportedly ready to leave St. Lucia and head back to the U.K. "She's been banned from hotels, the bars don't want her there and locals see her as a nuisance when she's drunk," a source tells the Daily Mirror. **METRO NEWS SERVICES**





For more delicious Metro recipes, visit: metronews.ca/food

Take Five



Crossword across

- 1 Soother
- 5 Vacationing
- 8 Cavort
- 12 Concept
- 13 Island souvenir
- 14 Ontario neighbour
- 15 Welcome information
- 17 Confront
- 18 Coffee holder
- 19 Semi, e.g.
- 21 Pie nut
- 24 Slender
- 25 Destroy
- 26 Bargain
- 30 A Gershwin brother
- 31 Houston hockey team
- 32 Pi follower
- 33 Bible
- 35 On in years
- 36 Wriggly swimmers
- 37 Travelocity mascot
- 38 Old Portuguese money
- 41 Crone
- 42 Body powder
- 43 "I hope you succeed"
- 48 Lotion additive
- 49 Anger
- 50 Needle case
- 51 Stamina
- 52 Letterman's network
- 53 Exemplar of 24-Across

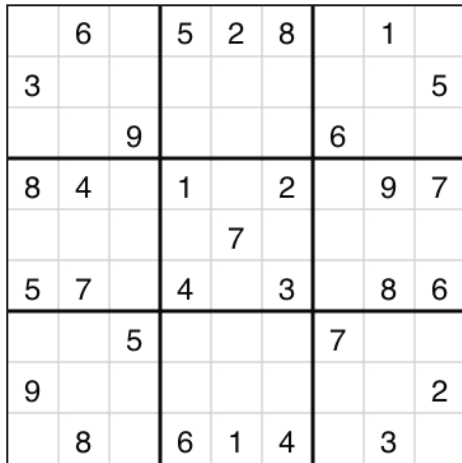
Crossword down

- 1 Ginormous
- 2 Commotion
- 3 Zodiac cat
- 4 Nut
- 5 Couturier Cassini
- 6 Not a lot
- 7 End of the line?
- 8 Money back
- 9 Exam format
- 10 Sightless trio of rhyme
- 11 Equal
- 16 Sister
- 20 Helps
- 21 Overly proper one
- 22 38-Across' replacement
- 23 "Arrivederci"
- 24 Barcelona bulls
- 26 Re earth science
- 27 Therefore
- 28 Throat sound
- 29 Prospector's find
- 31 Sleeping
- 34 Low cards
- 35 User of 7-Down
- 37 Peregrinate
- 38 List-ending abbr.
- 39 Post-Christmas event
- 40 Stop up
- 41 Weeding tools
- 44 Sphere
- 45 Multipurpose truck
- 46 Prompt
- 47 Youngster

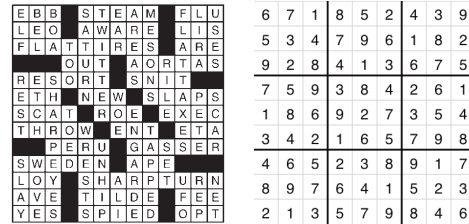
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	21-25 min	Not bad
13-17 min	25+ min	Keep practising

Metro Recipe of the Day



Chicken Strips with Garlic Sauce

INGREDIENTS:

- 1 lb (500 g) boneless, skinless chicken breasts
- 4–6 cloves garlic
- 2 tsp (25 ml) Dijon mustard
- 1 tbsp (15 ml) tomato paste
- 2 tbsp (25 ml) wine vinegar
- 4 tbsp (60 ml) chicken stock or water
- 4 scallions
- 2 tbsp (25 ml) olive oil
- 1/2 lb (250 g) vermicelli
- Salt and black pepper
- 2 tsp (10 ml) cornstarch
- 3/4 cup (175 ml) table cream

METHOD:

1. Put pot of water on to boil for vermicelli. Cut chicken breasts diagonally into long, thin strips.
2. Peel garlic and crush into bowl. Stir in mustard, tomato paste, vinegar and stock or water.
3. Rinse and dry scallions. Holding them together firmly, slice green parts finely and push to one side, then slice white parts finely and keep separate.
4. Heat 1 1/2 tbsp (20 ml)

oil in frying pan over high heat. Stir-fry chicken 1–2 minutes, until white.

5. Stir garlic and vinegar mixture into pan and add white parts of scallions. Bring to boil, cover, and simmer gently 5 minutes.

6. Meanwhile, add vermicelli and some salt to boiling water. Return to boil and cook 3 minutes, then drain well and toss in remaining olive oil.

7. Blend cornstarch with a little cream and stir into chicken. Add green parts of scallions, reserving some for garnish, then add remaining cream and season to taste. Stir over moderate heat 2–3 minutes until sauce thickens.

8. Serve chicken and sauce over vermicelli and garnish with reserved slices of scallion.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
If you say too much or go too far today you will leave others standing in amazement — which is precisely what you were hoping for!

LIBRA
SEPT 23-OCT 23
Have you considered the possibility that the universe is trying to tell you something? Maybe you should stay right where you are.

TAURUS
APRIL 21-MAY 21
Not everyone will agree with your verbal musings today but that won't stop you. It will only encourage you to double your efforts to persuade.

SCORPIO
OCT 24-NOV 22
It's good to be assertive but it's not so good if you try to coerce people into doing things that run counter to their interests.

GEMINI
MAY 22-JUNE 21
The Sun's alliance with your ruling planet Mercury today is generally a good thing but it also warns that you need to take care when it comes to deals.

SAGITTARIUS
NOV 23-DEC 21
A minor disagreement over a money-related matter could get blown out of all proportion, so watch what you say.

CANCER
JUNE 22-JULY 22
You might not want to make waves but if you don't say your piece now you may not get another chance until much later in the year.

CAPRICORN
DEC 22-JAN 20
It may look as if others are ganging up on you but are they really, or is it just that you are super sensitive at the moment?

LEO
JULY 23-AUG 23
You don't have to try to decipher every simple message that comes your way. Take what you are told at face value today.

AQUARIUS
JAN 21-FEB 18
You may want to help those in need but you have needs too and they will inevitably conflict with what other people expect of you.

VIRGO
AUG 24-SEPT 22
A friend will give you some extraordinarily good news today but for some reason you will be reluctant to accept it. Don't be so defeatist.

PISCES
FEB 19-MARCH 20
No way are you going to keep a low profile today. You have plenty to say and lots to prove and if others resent your first attitude, that's too bad.

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WORDY GURDY BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Craps cubes cost (1)
2. Much smaller now striped stinker (1)
3. Battle Eisenhower (1)
4. NYC borough high-schoolers (1)
5. Ventriloquist props' bellies (2)
6. "Boston Legal" star James' brokers (2)
7. Lessening of gymnastic scoring minus (3)

ANSWERS:
1. DUMMIES 2. SHIRK 3. SPADERS 4. FIGHT DOWNTOWN 5. REDUCTION REDUCTION 6. BROTHERS 7. SPADERS 8. SPADERS 9. SPADERS 10. SPADERS 11. SPADERS 12. SPADERS 13. SPADERS 14. SPADERS 15. SPADERS 16. SPADERS 17. SPADERS 18. SPADERS 19. SPADERS 20. SPADERS 21. SPADERS 22. SPADERS 23. SPADERS 24. SPADERS 25. SPADERS 26. SPADERS 27. SPADERS 28. SPADERS 29. SPADERS 30. SPADERS 31. SPADERS 32. SPADERS 33. SPADERS 34. SPADERS 35. SPADERS 36. SPADERS 37. SPADERS 38. SPADERS 39. SPADERS 40. SPADERS 41. SPADERS 42. SPADERS 43. SPADERS 44. SPADERS 45. SPADERS 46. SPADERS 47. SPADERS 48. SPADERS 49. SPADERS 50. SPADERS 51. SPADERS 52. SPADERS 53. SPADERS 54. SPADERS 55. SPADERS 56. SPADERS 57. SPADERS 58. SPADERS 59. SPADERS 60. SPADERS 61. SPADERS 62. SPADERS 63. SPADERS 64. SPADERS 65. SPADERS 66. SPADERS 67. SPADERS 68. SPADERS 69. SPADERS 70. SPADERS 71. SPADERS 72. SPADERS 73. SPADERS 74. SPADERS 75. SPADERS 76. SPADERS 77. SPADERS 78. SPADERS 79. SPADERS 80. SPADERS 81. SPADERS 82. SPADERS 83. SPADERS 84. SPADERS 85. SPADERS 86. SPADERS 87. SPADERS 88. SPADERS 89. SPADERS 90. SPADERS 91. SPADERS 92. SPADERS 93. SPADERS 94. SPADERS 95. SPADERS 96. SPADERS 97. SPADERS 98. SPADERS 99. SPADERS 100. SPADERS

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